



suicidebereavement<sup>uk</sup>  
EXPERTS IN THE FIELD

# SUICIDE BEREAVEMENT UK TRAINING

## Bespoke training tailored to your organisational/professional needs

Suicide Bereavement UK (SBUK) specialises in 'postvention' (care of those bereaved after the event of a suicide) and are leaders in the field of suicide bereavement training.

At SBUK, we understand the importance of blended learning and offer both face-to-face one-day workshops ('PABBS' and 'ESPR' training) and a range of brief 'ON THE GO' 90 minute online modules focusing on discrete aspects of suicide bereavement.



## About 'ON THE GO' online modules

Brief 'ON THE GO' online modules complement our face-to-face training, enabling employers/individuals, through blended learning, to build a bespoke training programme in the aspects of suicide bereavement that are most relevant to their organisational or professional needs.

Online modules in suicide bereavement training are offered at both Level 1 and Level 2 and is a cost and time efficient way of maximising investment in staff training.

**Individual and/or in-house training can be delivered, dependent on need.**



## Level 1

Level 1 is for those with no knowledge, a basic understanding of postvention (care of those bereaved by suicide) or have an interest in a specific module, examples include

- Suicide Bereavement & Language
- Talking with Children and Young People When There Has Been a Suicide
- Introduction to Post-Traumatic Growth
- Beyond the Lock-down; Implications for Supporting Those Bereaved by Suicide

## Level 2

Level 2 is more specialised (e.g. working with therapeutic tools). An example is noted below. Appropriate qualifications are required to attend level 2 modules.

- Applying the 'Grief Map' Model to Support People Bereaved by Suicide.

## Advantages of Attending 'ON THE GO' Online Modules

- Brief, concise virtual classes that deliver complex concepts and sensitive information associated with suicide bereavement in easily-digestible chunks
- Time and cost-efficient training enabling organisations/individuals to maximise their financial investment for minimal investment of time
- Supports organisations/individuals to address the NHS Long Term Plan and key areas for action in suicide prevention strategies
- Enables staff to balance work schedules with skills development
- Through remote learning, offers the potential to reach a wider range of professionals than traditional face-to-face methods
- Enables organisations/individuals to continue with skills development even during the COVID-19 pandemic restrictions.

**For more information** about each 'ON THE GO' training module and to register visit our website: [suicidebereavementuk.com/sbuk-training/](https://suicidebereavementuk.com/sbuk-training/)

### Or contact:

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