



- › Evidence-Based
- › Trauma-Informed
- › Co-Produced with Serving Personnel

## TRAINING FOR BLUE LIGHT SERVICES RESPONDING TO SUICIDE

- › Evidence-based and practice-based training specifically for emergency services personnel
- › One-day interactive workshop delivered by highly qualified trainers who have both practical and lived experience of responding to suicide
- › Enhances knowledge, confidence and skills to equip emergency services personnel when responding to those bereaved or impacted by suicide when it matters most
- › Recognises and addresses the personal impact responding to suicide has on staff
- › Provides tools, techniques and practical information to help enhance well-being when responding to a (suspected) suicide and the bereaved families

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**Price on request for delivery of in-house training**

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For more information see our website or to discuss your training needs please get in touch by email/phone:

[www.suicidebereavementuk.com](http://www.suicidebereavementuk.com)

**Contact Paul Higham**

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# TESTIMONIALS

Visit our website for more testimonials:  
[suicidebereavementuk.com](http://suicidebereavementuk.com)

## Police

*"It [RTS training] allowed me to see, and more importantly gave me the time, to understand the impact suicide has had on our community, our families but also on "us." I felt considered and that the hidden sacrifices I have made in working with people, were important. I felt like someone had really taken the time to try and understand what I had went through and the toll it had taken on me and my family. The heart of it was "How can we do this better?". It was very validating and I felt lighter and more connected with my colleagues as a result. Thank you."*

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*"I am an experienced serving front line officer and I gained a lot from this training day. I think this should be rolled out to all police officers during initial training. I would have benefited from having it many years ago."*

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*"The training presentations, lived experiences shared, literature and signposting to information was top class. This was a really empowering event and I would highly recommend anyone who has the opportunity to attend one of these events to engage with it. You will come away wiser and confident to look at and deal with any situation in a far more proficient manner."*

## Ambulance

*"This training is a must for any emergency service provider it really is one of the best courses that I have been lucky enough to complete in my 23 years. It was informative, useful, emotional and practical and I feel that it will be so beneficial for me in my current Station Officer role, from either the perspective of responding to calls or supporting staff that have attended calls involving suicide and it has also enhanced my ability to support staff that may be struggling emotionally themselves."*

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*"Definitely an excellent course, layered with evidenced-facts, kindness & compassion as the instructors speak from a lived experience. They were tactful knowledgeable & genuine. This course is necessary for 999 services & students. Thank you."*

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*"No matter how much experience you think you have you will learn something new and will be better equipped to respond to those bereaved."*

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*"This course and especially the delivery of it [...] has made me stop and think about how to better deal with the scene, improve my communication with the bereaved relatives, and the impact that we as responders have long term with our actions and words on those who have suffered loss by suicide."*