Suicide Bereavement UK and Pennine Care NHS Foundation Trust are collaborating for the 8th year running to host the Suicide Bereavement International Conference.

Suicide Bereavement UK’s 8th International Conference
One day conference: 25th September 2019 (£120 + Booking Fee + VAT)
The Mercure Manchester City Hotel, Manchester
Nav is Professor of Psychiatry and Population Health at the University of Manchester, UK and an Honorary Consultant Psychiatrist at Greater Manchester Mental Health NHS Foundation Trust. He has spent the last 20 years researching suicidal behaviour, particularly its causes, treatment and prevention. He has led committees for the National Institute for Health and Clinical Excellence (NICE) including those developing guidelines for how all clinical staff should treat people with self-harm. He sits on the main advisory group on suicide for the Department of Health in England and is currently helping to lead a national quality improvement project to prevent suicide.

Reagan is Director of Service Modelling, Research and Innovation at Pennine Care NHS Foundation Trust and has been key in developing and strengthening the collaboration between Pennine Care and Dr Sharon McDonnell. To date, this partnership has enabled bids for several research grants, including a successful research grant for a NIHR, Research for Patient Benefit award to develop the PABBS evidence-based suicide bereavement training which was launched in 2016. Pennine Care NHS Foundation Trust have supported the research team, conducting the national suicide bereavement survey. This is the 8th year, Pennine Care NHS Trust have collaborated with Dr. Sharon McDonnell, to host the international suicide bereavement conference.
His Honour Judge Mark Lucraft QC was appointed on the 18 August 2016 by the Lord Chief Justice, after consultation with the Lord Chancellor, the Rt. Hon. Liz Truss MP, as the Chief Coroner of England and Wales with effect from 1 October 2016 for a three-year term. HH Judge Mark Lucraft QC was authorised to sit as a Deputy High Court Judge and was appointed as a Senior Circuit Judge at the Central Criminal Court (Old Bailey) on 7 February 2017. The Chief Coroner also sits in the Divisional Court of the High Court on coroner cases.

Neville Southall (MBE)
Mental health campaigner and ex-professional footballer

Neville is a former Welsh international footballer, winning 92 caps between 1982 and 1998. He was awarded an MBE in 1996 for his services to football. Neville uses his fame/contacts and twitter account to give a voice to the vulnerable, stigmatised, often silenced and misunderstood populations within our society. He helped to raise awareness of the national suicide bereavement survey on a daily basis, and also invited the research team to take over his twitter account to communicate directly to his followers, about the survey. Neville lost his friend and colleague, Gary Speed to suicide. His friendship is acknowledged in the recently published book entitled ‘Gary Speed: Unspoken.’
Sharon is the Managing Director of Suicide Bereavement UK and Honorary Research Fellow at the University of Manchester. She is one of the leading researchers in this field in the UK. Sharon and her team have developed the PABBS evidence-based suicide bereavement training, which was informed by a three-year study funded by the National Institute for Health Research (NIHR) and is first of its kind internationally. She is currently the Principal Investigator of the national suicide bereavement survey, which is a collaboration between the University of Manchester and Support After Suicide Partnership.

Liz specialises in children and families bereaved by suicide. She is Suicide Bereavement UK's lead for all projects related to children and families bereaved by suicide and delivers PABBS suicide bereavement training. Liz previously worked for Winston's Wish, as Senior Practitioner, Family Services Manager and then National Team Lead, specialising in bereavement by suicide, homicide and military deaths. Liz undertakes both individual and family work and has many years experience running groups for parents and children bereaved by suicide. In 2015 Liz was awarded a Winston Churchill Fellowship to research services for families bereaved by suicide in Australia, New Zealand and Ireland.
Shirley Smith is the founder of If U Care Share Foundation (IUCSF) charity, which was set up in memory of her son, Daniel, who died by suicide in 2005. The charity focusses on suicide prevention, intervention and postvention and conduct ground breaking work, which has helped to influence policy and practice, examples include: The Police/Public Health 'Early Alert Response' service, which involved providing support to families within 48 hours of a suspected suicide. Shirley has built on this work and implemented a LOSS team, which work as second responders to the police, with a 90 minute response time to suicide. This is the first of its kind outside of the USA.

Neil is the Clinical Director of Beacon Counselling Trust, which delivers a wide range of community-based programmes, across the North West and North Wales (including 'Paul's Place' which is a specialist suicide bereavement service). Neil has worked nationally and Internationally within his field. He leads on the 'Problematic Gambling Treatment and Support Programme' commissioned by GambleAware and GamCare. He also leads on the 'GamCare Big Deal Young People and Professionals Education Programme' across the NW. Neil has been awarded a Winston Churchill Fellowship to visit Australia to explore the link between suicide bereavement and problem gambling.
Kathy is the Clinical Manager at Beacon Counselling Trust. Kathy’s brother Paul, took his own life and is joint founder of ‘Paul’s Place’, (a specialist suicide bereavement support service, launched in 2017) with Agnes Williams (whose son Paul, also took his own life). Kathy leads the ‘Paul’s Place’ model to incorporate both group and one to one interventions. Kathy aims to pilot a peer support ‘Lived Experience’ element of the programme during 2019. She was the recipient in 2018 of The Liverpool Hope University Leaders ‘Award for Exceptional leadership in Health Care’, which was directly associated with her leadership at ‘Paul’s Place’.

Sarah Cassidy is an Assistant Professor at the University of Nottingham. She currently leads a research program exploring mental health problems, suicidal thoughts and suicidal behaviours in autistic adults. She works in partnership with the autism community, those bereaved by suicide, and leading autism and suicide prevention charities, to identify research priorities, and campaign for changes to policy and practice, to better understand and prevent suicide in autistic people.
Speakers

Keith Waters
Derbyshire Healthcare NHS Foundation Trust

Keith is a mental health professional. His work has a strong connection with suicide prevention and self-harm and emerges as the prominent area of his care, career and influence. Personal experiences, supporting staff and meeting with those bereaved by suicide, has not only molded his beliefs and approaches, but also significantly affected him personally. Keith has lost colleagues to suicide, including a nurse he trained. Other colleagues have lived-experience of self-harm and suicide, (themselves or relatives). So, although Keith could list the various roles, works, publications and involvements with suicide and suicide prevention, he joins you today, as many of us will be, having been touched and shaped by a life time of connections with suicide, both personally and professionally.

Jenny Ness
Derbyshire Healthcare NHS Foundation Trust

Jenny manages the Centre for Self-harm and Suicide Prevention Research at Derbyshire Healthcare NHS Foundation Trust. She is joint lead for the Derby site of the Multicentre Study of Self-harm in England and co-ordinator of the East Midlands Self-harm and Suicide Prevention Research Network. Jenny has witnessed the challenges faced by clinicians (and mental health services more widely) trying to offer the best care to those experiencing extreme distress and/or thoughts of suicide. She is also aware of the impact a loss of a patient to suicide, has on a clinician (professional and personal). Jenny’s research interests include exploring how clinicians can be better supported.
Speakers

Gordon Benson
2Gether NHS Foundation Trust

Gordon is Assistant Director of Governance & Compliance at 2gether NHS Foundation Trust, which provides mental health and learning disability services for the counties of Gloucestershire and Herefordshire. He is a Registered Learning Disability Nurse by background. His portfolio includes serious incident investigation, liaison with HM Coroners, and he is currently developing a Family Liaison Officer service within the Trust to support those families of service users on the Trust's caseload who may have died by suicide.

Gillian Brooks
Counsellor

Gillian is a counsellor based in Halifax, West Yorkshire. In 2018 she began work with arts company ‘Verd de Gris’ and film maker Geoff Brokate, to create a film exploring the emotional legacy of suicide, on family members and close friends. The film arose out of Gillian Brook’s memoir, “to preserve memory and truth” for her children following the death of her husband Joe, who died by suicide. The film has been widely screened across West Yorkshire, and led to the formation of local peer support groups, using creative and talking therapies to support those bereaved by suicide.
Sharon is an artist and project facilitator based in Hebden Bridge, West Yorkshire. She has developed a number of award-winning projects employing creativity in community health & social care settings. In 2017 her project ‘Soul Journey’ won the Outstanding Arts Award at the National Dementia Care Awards. Central to this is a combined arts methodology that seeks to create ‘safe’ spaces for self-expression, healing and contemplation. This includes work to support women with complex mental health issues, and recently, the development of a creative workshop programme for families affected by suicide loss.
Conference Workshops

Please note, you can either choose 2 workshops in category A or one workshop in category B.

Category A: Workshops 1-4

Workshop 1

PABBS Suicide Bereavement Training and Impact on Practice

Liz Koole

PABBS evidence-based suicide bereavement training has been informed by a three-year study, conducted at the University of Manchester, funded (£243k) by the National Institute for Health Research and first of its kind internationally. The workshop will highlight how PABBS training is influencing practice. Particular attention will also be paid to how the training can help inform those:

• developing and/or implementing a postvention service;
• responsible for implementing NICE suicide prevention guidelines (2018): and
• The NHS Long Term Plan (DH, 2019).

Workshop 2

The Link Between Suicide Bereavement and Problem Gambling. A Perfect Clinical Storm

Neil Platt and Kathy Devlin

The workshop will explore the background to this under recognised phenomenon, and will guide you how to screen and identify the issue and most importantly how to access support on a free and national basis for those affected by problematic gambling.
Conference Workshops

Please note, you can either choose 2 workshops in category A or one workshop in category B.

Category A: Workshops 1-4

Workshop 3
Local Outreach for Suspected Suicide (LOSS) – Real-Time Referrals
Shirley Smith

‘LOSS’, is delivered by If U Care Share Foundation, based in the North East, and the UK’s first on-call service offering 'real time' postvention response, to incidents involving suspected suicides. Shirley will discuss the specific role of the 'Loss' team and the implementation of this service.

Workshop 4
Understanding and Preventing Suicide in Partnership With Autistic People
Professor Sarah Cassidy

People diagnosed with autism are a high-risk group for dying by suicide. Yet, there has been little research into why this is the case, to help prevent suicide in autistic people. Through the Mental Health in Autism project, Sarah has worked with the autism community to better understand why autistic people may be more likely to experience suicidal thoughts and behaviours, and what needs to change in research, policy and practice to prevent suicide in autistic people. Sarah will share the findings of her latest participatory research, and discuss implications for adapting public policy and practice to better support autistic people experiencing these difficulties.
Workshop 5
Zero Suicide: A One or Two Sided Debate?
Keith Waters and Jennifer Ness

The “Zero Suicide” approach to suicide prevention (developed originally as a community approach to depression in Detroit USA), has driven the UK suicide prevention agenda further; proving influential at a national political level and within local areas/clinical services. However, this approach has not always been received with universal approval. The workshop will present the perspective of a person conflicted in their support and concern around the “Zero” strapline. The discussion will then be opened out to delegates who will be invited to share their opinions on this debate leading on from the evidence presented.

Workshop 6
Developing a Family Liaison Service
Gordon Benson

This will be a workshop for delegates working within NHS Trusts who are considering developing a postvention service. The workshop will look at national guidance and drivers, and explore options for ‘setting up a service from scratch!'
Who should attend?

This event is suitable for those who come into contact with those bereaved or affected by suicide, examples might include:

- Policy makers
- Public Health
- Commissioners
- Clinicians
- General Practitioners
- Mental health professionals
- Front line staff (Police, Ambulance and Fire Service)
- Those who specialise in suicide prevention
- Researchers
- Occupational health
- Prison staff
- Teachers
- Social Workers
- Funeral directors
- Celebrants
- Clergy
- Third sector
- Those bereaved by suicide
- Those developing/implementing the following:
  - A postvention service
  - A suicide strategy
  - NICE Suicide Prevention guidelines (2018)
  - NHS Long Term Plan (2019)

Is this conference suitable for those bereaved by suicide?

This event is organised to inform and guide professionals who come into contact with those bereaved by suicide and those in a position to influence policy and practice. Therefore, it is presented in a factual manner and so is not suitable for people bereaved by suicide during the early stages and/or struggling to cope with their loss.
## Programme

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td><strong>Registration</strong></td>
<td>8.15am - 9.25am</td>
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<tr>
<td><strong>Chair: Nav Kapur</strong></td>
<td>Welcome to the conference</td>
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<tr>
<td><strong>Reagan Blyth</strong></td>
<td>Welcome from Pennine Care NHS Foundation Trust</td>
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<tr>
<td><strong>Chief Coroner HHJ Mark Lucraft QC</strong></td>
<td>Coroners Dealing with Suicide</td>
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<tr>
<td><strong>Coffee break</strong></td>
<td>10.30am</td>
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<tr>
<td><strong>Neville Southall</strong></td>
<td>A Conversation with Neville Southall</td>
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<tr>
<td><strong>Dr Sharon McDonnell</strong></td>
<td>Launch of the National Suicide Bereavement Survey</td>
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<tr>
<td><strong>Panel discussion</strong></td>
<td>12.15pm</td>
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<tr>
<td><strong>Lunch/networking</strong></td>
<td>12.30pm</td>
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<tr>
<td><strong>Workshops are categorised under Category A and B</strong> – Delegates can either attend category A or Category B</td>
<td>1.40 pm</td>
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<tr>
<td><strong>Category A : Workshops 1-4</strong> – Delegate able to attend 2 workshops during allocated time</td>
<td>1.40 pm &amp; 2.20 pm</td>
</tr>
<tr>
<td>1. Liz Koole</td>
<td>PABBS Suicide Bereavement Training and Impact on Practice</td>
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<tr>
<td>2. Neil Platt and Kathy Devlin</td>
<td>The Link Between Suicide Bereavement and Problem Gambling: A Perfect Clinical Storm</td>
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<tr>
<td>3. Shirley Smith</td>
<td>Local Outreach for Suspected Suicide (Loss): Real Time Referrals</td>
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<tr>
<td>4. Professor Sarah Cassidy</td>
<td>Understanding and Preventing Suicide in Partnership with Autistic People</td>
</tr>
<tr>
<td><strong>Category B : Workshops 5-6</strong> – Delegate able to only attend one of the following workshops 5 or 6</td>
<td>1.40 pm</td>
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<tr>
<td>5. Keith Waters and Jennifer Ness</td>
<td>Zero Suicide: A One or Two Sided Debate?</td>
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<tr>
<td>6. Gordon Benson</td>
<td>Developing a Family Liaison Service</td>
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<tr>
<td><strong>Coffee Break</strong></td>
<td>2.50pm</td>
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<tr>
<td><strong>Gill Brookes and Sharon Marsden</strong></td>
<td>Film entitled 'What Remains', followed by a discussion</td>
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<tr>
<td><strong>Chair: Nav Kapur</strong></td>
<td>Reflection and closing remarks</td>
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</tbody>
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**Location**

**Mercure Manchester Piccadilly Hotel**
Portland Street
Manchester
M1 4PH

Tel: 0844 815 9024
Email: info@mercuremanchester.co.uk

Sat Nav: Use postcode M1 4DY to ensure you arrive at the car park instead of the front door.

**Contact**

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