



**SURVIVORS OF
BEREAVEMENT
BY SUICIDE**

**MANCHESTER
1824**

The University of Manchester

Invite you to our
Suicide Bereavement Forum
*“Looking at the Problems.....
.....Looking for Solutions”*



**Jean McFarlane Building, University of Manchester,
Oxford Rd, Manchester
(opposite University of Manchester Museum)**

Thursday 27th September 2012

Keynote Speaker

Dr Michelle Linn-Gust

(President - American Association of Suicidology)

Dr Alison Chapple (Oxford University)

Mark Haith (University of Abertay, Dundee)

Dr Sharon McDonnell (University of Manchester)

John Peters (Survivors of Bereavement by Suicide)

Chair- Professor Nav Kapur (University of Manchester)

**This Forum can be part of your CPD. GPs attending can
attribute learning credits towards appraisal and revalidation**

Provisional Programme

Registration		9.15
Prof . Nav Kapur	Welcome to the University of Manchester	9.30
Angela Somata Chair of Survivors of Bereavement by Suicide	Welcome and Introduction from Survivors of Bereavement by Suicide	9.35
Looking at the problem		
Dr Michelle Linn- Gust USA President American Association of Suicidology	Suicide and its effect on families and others	9.40
Mark Haith - Scotland University of Abertay, Dundee	The impact of suicide on the health professional	10.15
Coffee Break		10.45
Workshop 1 Co-facilitated by a Researcher and a Survivor		11.00
Lunch		12.00
Looking for solutions		
John Peters Survivors of Bereavement by Suicide	What can be offered by Survivors of Bereavement by Suicide	1.00
Dr Alison Chapple Oxford University	Online support for Survivors - Health Talk on line	1.30
Dr Sharon McDonnell Manchester University	Preparing a support pack for health professionals	2.00
Dr Michelle Linn - Gust President American Association of Suicidology	How the American Association for Suicidology functions – Possible lessons for the UK	2.30
Refreshment break		2.40
Workshop 2 Co-facilitated by a Researcher and a Survivor		2.55
Panel Discussion		3.45

End of Forum - 4.00 p.m.

Conference Fee

£40

(includes lunch, refreshments and a copy of “ A Winding Road” - a hand-book written especially for those who are supporting the suicide bereaved)

Students may attend at a rate of £20 (without a book)

Concessions are available to those bereaved by suicide. Please apply to John Peters—john.peters@manchester.ac.uk or 01827 830480

The Importance of Suicide Bereavement Support

“A person’s death is not only an ending : it is also a beginning– for the survivors. Indeed in the case of suicide the largest public health problem is neither the prevention of suicide, nor the management of attempts, but the alleviation of the effects of stress in the survivor-victims of the suicidal deaths, whose lives are forever changed” —Edwin Shneidman

To understand the effect of suicide it helps to know the level of suicide.

- 5675 suicide a year in the UK (2009)
- True figures probably higher
- If 6 close family and friends are left it leaves 48,000+ Survivors each year
- If the Survivors live for another 25 years there are over 1 million Survivors of Suicide in the UK.

Who should attend ?

Any professional or volunteer likely to be supporting those bereaved by suicide. This will include G.Ps, nurses, counsellors, teachers, researchers, police, coronial staff, mental health staff as well as volunteers from bereavement support organisations. We also welcome those who have been bereaved by suicide for whom there is a concessionary rate.

Why attend?

The subject of suicide bereavement is a topic that few professionals have been prepared for and many will be uncomfortable in dealing with the suicide bereaved.

The panel of speakers cover the experiences of research, bereavement support and lived experience of suicide and as such provides a unique opportunity to develop a multi-perspective understanding of the feelings of the suicide bereaved.

If you have any queries please contact John Peters by phone 01827 830 or john.peters@manchester.ac.uk or Eric Thwaites at Survivors of Bereavement by Suicide by phone 0115 944 1117

OUR SPEAKERS



Michelle Linn-Gust, PhD is an international writer and speaker. She lost her sister to suicide when still at university and has written a number of books on the subject of suicide as well as two recent fiction books. She is currently President of the American Association of Suicidology



Mark Haith, MA qualified as a mental health nurse in 2003 and as a counsellor in 2004 and is a specialist in the field of CBT. He has been successful in helping clients with emotional difficulties, mental health problems, behavioural issues, obsessional traits and self-harming behaviours. Mark currently teaches mental health at the University of Abertay, Dundee.



Alison Chapple, PhD completed her doctorate at the University of Manchester. Since joining the Department of Primary Health Care at the University of Oxford in 2000 she has been working with the Health Talk on-line group where she has been responsible for the modules about bereavement due to suicide.



John Peters M.Suicidology lost his son to suicide 20 years ago and has since been involved in supporting the suicide bereaved through the charity Survivors of Bereavement by Suicide. He has achieved a Masters in Suicidology from Griffith University, Australia. He is currently an Honorary Research Associate at the University of Manchester



Sharon McDonnell, PhD. is employed by the centre of suicide prevention at the University of Manchester and specialises in suicide bereavement research. She was involved in the development of the Department of Health (2006) suicide bereavement information pack which provides practical support and guidance for those bereaved by suicide.



Chair of the Forum- Professor Nav Kapur (MBCbB, MMedSc, FRCPsych, MD) is Head of Research at the Centre for Suicide Prevention in the University of Manchester. He is Assistant Director of the National Confidential Inquiry into Suicide and Homicide by People with Mental Illness

